

TELEPATHIC ALIENS IN KENT

Over the years, BUFORA has had more than its fair share of "off the wall" reports. Below is one of them. Cases such as this test the credulity of the investigator to the extreme, and at the end of the day it's up to each individual to take what they want, or need, from testimony such as this.

I (Judy Jaafar) investigated this case initially in 2003, but as recently as 2007 Sarah contacted BUFORA by email, in this case Robert Rosamond the chairman, reiterating her story to what she thought was a new audience. He replied immediately, courteously, and asked her if she was contacting BUFORA about an entity called Linda. Tellingly, there was no further response from her.

In a nutshell, there are people out there who will go to extreme measures to contact every UFO researcher they can find, one after the other, until they find someone who will take their case seriously. We develop, or should develop (if we care enough), an instinct to root out these people and refer them on to professionals who would serve them better. Personally, in this case, my inclination, as a mental health clinician, is to let Sarah go on believing what she wants to believe, as it enhances her life and does no harm to others or herself. If that situation were to change, then my sentiments would change accordingly.

Please read on:

Telepathic Aliens

This case investigation was prompted by Joe McGonagle of ufologyinuk weblis, who had come across a lurid report in a local Bromley, Kent newspaper concerning a woman who had energetic contact with aliens similar to intense sexual arousal. He appealed for London area researchers who would be willing to pay the witnesses a visit. Thus Malcolm Robinson (SPI) and myself set out on a lovely, sunny Sunday to investigate what turned out to be some of the strangest testimony we have ever heard. Malcolm tape-recorded the proceedings, whilst I took contemporaneous notes. The summary below is based entirely on those notes.

Bromley, Kent, 24th August 2003

Sarah (pseudonym) is a 42 yr. old woman of Afro - Caribbean heritage, with the most attractive demeanour and fascinating ribbon-tied braids I've ever seen. Her partner of two years, John (pseudonym) , is 56 yrs. old and of caucasian British stock. Sarah is clearly and undoubtedly the dominant of the two personalities, whilst deferring to John the channeler of spirits, and latterly aliens, but deferring in a way that assures his compliance.

John is a Catholic, and Sarah has no particular religious allegiance nowadays. She states that she has OBEs. Both parties appeared, to both Malcolm and myself, to be completely sincere and utterly convinced of what they were saying.

For conciseness and ease of reading, I will present the information in bullet points thus, in no particular order:

- Neither Sarah nor John admit to having any knowledge of current alien lore, and insist they have never read a book or magazine on the subject, nor seen any films. They don't need to, as they have real contact.
- Greys were in the room for the duration of the interview, led by Linda their most common contact. They remained invisible to us, the investigators.
- Linda can be a grey or take human form, and in both she can be visible or invisible. Sarah has done a pastel rendition of Linda in human form which is placed on her mantelpiece.
- John is a psychic and channeler, who is more "open" to greys since meeting Sarah 2 years ago. Normally he just sees dead people all the time.
- Sarah first saw greys in 1986 whilst lying in her beach hut in Negril, Jamaica. She was very ill and feverish, and later was diagnosed in hospital with a pneumo-thorax. The greys, who were 7ft tall, came to help her.
- Greys are supremely intelligent and give information to humans in all disciplines - science, medicine, arts etc. They are here to help, and in fact are the "godparents" to many planetary civilisations.
- Contrary to popular belief and experience, greys NEVER abduct people, nor do experiments on them. They have no need to as they know humanity inside out. Human spirits can, however, meet them on the astral plane and this might be mistaken for abduction.
- The greys sustain themselves by ingesting a homeopathically refined liquid made from pure water and certain herbs. They drink this through their mouths and it is deposited in a reservoir which we would call a stomach. They have no other end to the digestive tract, no bowels, therefore excretion is impossible. They extract the "energy" from this liquid and use it up totally.
- They use "energy" also to procreate. There is no sexual union as such (so presumably no sexual organs).
- Any 3-4ft tall greys seen by other people must be juveniles, as they are around 7ft tall when mature.
- Greys can choose to be reincarnated as humans, whereupon they take very cerebral jobs because they are so clever.
- They live for 200-300 years, and just stop energising in order to die. This is to make way for the younger generation.
- The greys come from the planet Sirius D, and Sirius A is their sun. There was no mention of Sirius B or C. One third of the planet surface is covered by fresh water, but no salty seas. The flora is green and lush, and the climate mild. No mention of fauna, or other humanoid species. There is no pollution and the inhabitants live in simple but sophisticated buildings, generally sort of "round".

- On the home planet, the greys use "energised" vehicles which Sarah calls "flying caravans". She showed us a sketch she'd drawn of one of these, and it did look for all the world like a flying box with windows and door.
- There are schools and recreational facilities. They're not much into sport but do enjoy swimming and boating. Mostly they prefer mental games like chess in order to relax. The family is everything, and the greys as a race are very gregarious and sociable, as evidenced by their partiality to communal jacuzzis.
- They have a senate of fifty individuals, just as a guide, since no-one ever does anything wrong, and the senate retires every so often to allow the younger individuals some experience.
- There is no illness or poverty or hardship.
- John perceives that there are other alien races out there, but the greys have never told him this. To "tune in" he just relaxes.
- The greys will not give any information about future developments because we need to find our own answers, but they can nudge us in the right direction from time to time.
- The greys do not have a concept of God. They are completely self-sufficient and at one with the universe, so have no need of such ideas.
- Telepathy, which is their preferred mode of contact, will become common amongst humans after our next developmental leap.
- Darwin's theory of evolution is wrong.
- For distances of more than 300 million miles, the greys use an interstellar rocket. Sarah had a sketch of one, and it was blunt nosed, truncated and had three tail fins. It reminded me of Thunderbirds. It takes three months to get here from the home planet. They can, of course, just teleport if they wish, but as they're very "communal" they like to travel together in a physical way.
- On shorter trips they use a conventional flying saucer, and Sarah showed us her sketch of this also. When in our atmosphere, the greys travel in a miniature version of the above saucer.
- They never allow their craft to be seen, as they have very efficient cloaking technology. UFO sightings cannot be attributed to the greys, definitely.
- There have never been any crashed saucers from their civilisation - they're far too smart for that.
- They have no bases here on earth.
- The long, hot summer was caused by the energy from their massed craft in our atmosphere.
- To Dan Bright's (ufologyinuk) question about residual alien artefacts: the pyramids of Giza and meso-America are their legacy.
- To Joe's (ufologyinuk) question about the Mars probes: no information on that, but will ask. They do know, however, that Mars once supported an intelligent civilisation.
- To several questions about the mysterious "energy" the greys seem to use for everything, including their propulsion systems on their anachronistic rockets: "don't know".
- There are male and female genders amongst the greys, but it's hard to tell

the difference.

- Anyone can in theory be able to see the greys, but only if you are imbued with truth, sincerity, love and lack of fear and ignorance.
- Sarah believes that Linda and her kin are her true parents and siblings, and that her (Sarah's) essence is not human at all.
- All especially talented people (several historical luminaries were mentioned) are influenced by the greys, or are actually greys themselves in human disguise.
- The greys are not here to hurt us, "and when you hear of abductions and cruelty to animals, *animals being slaughtered and left lying in fields*", it cannot be the greys who are responsible. This quote from one who professed to have no knowledge of alien lore!
- When asked (by me, because I just had to say it) if this whole thing could not be a rich, life-enhancing psychological dynamic going on between the two of them, the resounding answer was an emphatic no, accompanied by gentle laughter, as if I and the question were slightly mad.

To be honest, I think I must be. I am making no comment or evaluation on the above. I think it speaks for itself.

Judy Jaafar
BUFORA